



TERRE HAUTE

ORAL & MAXILLOFACIAL SURGERY

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Pre-Operative Instructions for IV Sedation

You **MAY NOT** take a taxi, bus, or drive yourself home following surgery. Please make sure your escort understands that he/she **MAY NOT LEAVE THE OFFICE** until you are discharged from recovery and you will need someone to stay with you for the first 24 hours.

NO FOOD OR DRINK AFTER MIDNIGHT. This includes gum and mints.

No contact lenses, nail polish, acrylic nails, or jewelry.

Wear a short sleeve shirt and flat shoes (NO sandals).

If you have long hair, do not put it in a pony tail.

Please brush your teeth, but **DO NOT** swallow the water.

SPECIAL INSTRUCTIONS:

- Patients that require antibiotic pre-medication, should take the medication 1 hour prior to the appointment with a **SMALL SIP OF WATER.**
- Patients who take high blood pressure medicines should take these with a **SIP OF WATER** at your usual time.
- Diabetic patients on oral medicines should **NOT** take these the morning of surgery.
- Diabetic patients on insulin should take $\frac{1}{2}$ of the normal dose of long acting insulin and hold the morning dose of regular insulin the day of surgery.
- Diabetic patients **MUST** bring their glucometer and insulin with them.
- Asthmatic patients **MUST** bring their inhaler with them.